



# FEBRUARY LUNCH MENU

## MONDAY

- 2**
- Salisbury Steak
  - Roasted Rosemary Potatoes
  - California Veggie Blend
  - Cornbread
  - Water/Sweet Tea
  - Cookies

## TUESDAY

- 3**
- Soup & Sandwich
  - Broccoli & Cheddar Soup
  - Butternut Squash
  - Grilled Cheese
  - Water/Sweet Tea
  - Brownies

## WEDNESDAY

- 4**
- Hamburgers
  - French Fries
  - Baked Beans
  - Salad
  - Water/Lemonade
  - Ice Cream

## THURSDAY

- 5**
- Roasted Chicken Halves
  - Mac & Cheese
  - Spinach Stuffing
  - Yams
  - Water/Lemonade
  - Fruit

## FRIDAY

- 6**
- Create Your Own Taco
  - Water/Juice
  - Ice Cream



## SATURDAY

- 7**
- Create Your Own Sandwich
  - Water/Fruit Punch
  - Chips

- 9**
- Tuna Melt w/Cheddar & Swiss
  - Sweet Potato Fries
  - Coleslaw
  - Water/Juice
  - Cookies

- 10**
- Baked Ziti w/Sausage
  - Baked Ziti w/Beef
  - Salad
  - Garlic Bread
  - Water/Lemonade
  - Brownies

- 11**
- Philly Cheesesteak Sandwiches
  - Potato Salad
  - Water/Lemonade
  - Fruit

- 12**
- Baked Cod
  - Mashed Potatoes
  - Smoked Green Beans
  - Water/Sweet Tea
  - Ricotta Cheesecake

- 13**
- Spaghetti w Meatball
  - Garlic bread
  - Water/Sweet Tea
  - Brownies
  - Ice Cream

- 14**

- 16**
- Beef Patties
  - Coco Bread
  - Coleslaw
  - Water/Fruit Punch
  - Chips

- 17**
- Dumplings
  - Egg Rolls
  - Fried Rice
  - Stir Fry Veggies
  - Water/Sweet Tea
  - Fortune Cookies

- 18**
- Jambayla
  - Cornbread
  - Salad
  - Water/Lemonade
  - Beignets

- 19**
- Stuffed Shells
  - Salad
  - Garlic Bread
  - Water/Lemonade
  - Fruit

- 20**
- Fried Chicken
  - French Toast
  - Chicken/Pork Sausage
  - Eggs
  - Water/Juice
  - Fruit

- 21**
- Black Bean & Cheese Burritos
  - Chicken Empanadas
  - Water/Fruit Punch
  - Chips

- 23**
- Honey Glazed Salmon
  - Baked Potato
  - Broccoli-Cauliflower Mix
  - Water/Sweet Tea
  - Cookies

- 24**
- Fried Chicken
  - Yellow Rice
  - Baked Beans
  - Cornbread
  - Water/Sweet Tea
  - Brownies

- 25**
- Penne Pasta w/Shrimp
  - Salad
  - Garlic Bread
  - Water/Lemonade
  - Ice Cream

- 26**
- Fish & Chips
  - Fried Tilapia
  - French Fries
  - Coleslaw
  - Water/Juice
  - Fruit

- 27**
- Birthday Celebration
  - Create Your Own Pizza
  - Water/Lemonade
  - Cake & Ice Cream



- 28**

### DAILY

**Morning Huddle**  
9:15 am

**Breakfast**  
9:00 am - 10:30 am

**Lunch**  
1:00 pm - 1:45 pm

**Afternoon Huddle**  
2:00 pm

### HOURS

**Mon, Wed and Fri**  
9:00am to 5:00pm

**Tue and Thur**  
9:00am to 7:00pm

**1<sup>st</sup> & 3<sup>rd</sup> Saturday**  
10:00am to 2:00pm

### CONTACT

clubhouse@nydis.org  
(347) 343-4163 Admin/Reception  
(332) 400-1957 Communications

“A meal is not just food. It’s about connection, conversation and community.”