



MARCH LUNCH MENU

MONDAY

- 2**
- Honey Glazed Salmon
 - Baked Potato
 - Broccoli-Cauliflower Mix
 - Water/Juice
 - Cookies

- 9**
- Salmon Cakes
 - Rice
 - Mixed Veggies
 - Water/Sweet Tea
 - Cookies

- 16**
- Baked Ziti w/Sausage
 - Baked Ziti (Plain)
 - Salad
 - Garlic Bread
 - Water/Sweet Tea
 - Cookies

- 23**
- Fettuccini w/Chicken/Shrimp
 - Broccoli
 - Garlic Bread
 - Water/Sweet Tea
 - Cookies

- 30**
- Beef Stew w/Mashed Potatoes
 - Cornbread
 - Water/Lemonade
 - Cookies

TUESDAY

- 3**
- Broccoli & Cheddar Soup
 - Tomato Soup
 - Grilled Cheese
 - Water/Sweet Tea
 - Cookies

- 10**
- Baked Cod Loin w/Butter Sauce
 - Green Beans
 - Mash Potatoes
 - Water/Juice
 - Apple Pie

17

- Corned Beef
- Cabbage & Carrots
- Potatoes
- Water/Sweet Tea
- Green Red Velvet Cake



St. Patrick's Day

- 24**
- BBQ Chicken
 - Potato Salad
 - Baked Beans
 - Cornbread
 - Water/Lemonade
 - Apple Pie

- 31**
- Fried Chicken
 - Sweet Plantains
 - Rice & Peas
 - Cabbage
 - Water/Juice
 - Fruit

WEDNESDAY

- 4**
- Hamburgers
 - Baked Beans
 - Coleslaw
 - Water/Lemonade
 - Brownies

- 11**
- Stewed Chicken
 - Sweet Potatoes
 - Mac & Cheese
 - Mixed Vegetables
 - Water/Sweet Tea
 - Brownies

- 18**
- Tofu & Broccoli
 - Chicken & Broccoli
 - Rice
 - Stir-Fry Vegetables
 - Water/Lemonade
 - Fruit

- 25**
- Steamed Pork/Chicken Dumplings
 - Fried Rice
 - Stir-Fried Vegetables
 - Water/Lemonade
 - Fortune Cookies

THURSDAY

- 5**
- Tortellini w/Grilled Chicken
 - Salad
 - Garlic Bread
 - Water/Lemonade
 - Fruit

- 12**
- Chili w/Rice
 - Corn Bread
 - Salad
 - Water/Lemonade
 - Fruit

- 19**
- Mofongo
 - Rice
 - Sweet Plantains
 - Water/Lemonade
 - Flan

- 26**
- Fish & Chips
 - Tilapia
 - Sweet Potato Fries
 - Coleslaw
 - Water/Sweet Tea
 - Brownies

FRIDAY

- 6**
- Baked Chicken Halves
 - Yellow Rice
 - Black Beans
 - Salad
 - Water/Sweet Tea
 - Chocolate Layer Cake

- 13**
- Create Your Own Taco
 - Water/Lemonade

- 20**
- Brunch Fried Chicken
 - Waffles
 - Eggs
 - Chicken Sausage/Bacon
 - Juice

- 27**
- Create Your Own Pizza
 - Water/ Sweet Tea
 - Carrot Cake

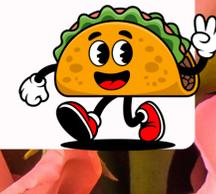
SATURDAY

- 7**
- Beef Patties & Coco Bread
 - Chips
 - Water/Fruit Punch

14

- 21**
- Create Your Own Sandwich
 - Chips
 - Water/Fruit Punch

28



DAILY

Morning Huddle

9:15 am

Breakfast

9:00 am - 10:30 am

Lunch

1:00 pm - 1:45 pm

Afternoon Huddle

2:00 pm

HOURS

Mon, Wed and Fri

9:00am to 5:00pm

Tue and Thur

9:00am to 7:00pm

1st & 3rd Saturday

10:00am to 2:00pm

CONTACT

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(347) 343-4163 Admin/Reception

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“A meal is not just food. It’s about connection, conversation and community.”