



APRIL LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1

- Tuna Melt
- Fries
- Coleslaw
- Water/Lemonade
- Brownies

2

- Broccoli & Cheddar Soup
- Tomato Soup
- Grilled Cheese
- Water/Lemonade
- Cookies

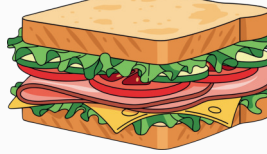
3

- Create Your Own Tacos
- Water/Lemonade
- Lemon Bars



4

- Create Your Own Sandwich
- Chips
- Water/Fruit Punch



6

- Roasted Chicken Halves
- Mac & Cheese
- Vegetable Blend
- Yams
- Water/Lemonade
- Cookies

7

- Stuffed Shells with Meat Sauce
- Salad
- Garlic Bread
- Water/Sweet Tea
- Ice Cream

8

- Fish & Chips
- Tilapia
- Fries
- Coleslaw
- Water/Lemonade
- Lemon Bars

9

- Salisbury Steak
- Rice
- Tuscan Vegetable Blend
- Water/Sweet Tea
- Brownies

10

- Loaded Potatoes
- Salad
- Water/Lemonade
- Ice Cream

11

13

- Chicken Parm w/Rotini
- Garlic Bread
- Salad
- Water/Sweet Tea
- Cookies

14

- Steamed Pork/Chicken Dumplings
- Fried Rice
- Stir-Fried Vegetables
- Water/Lemonade
- Fortune Cookies

15

- Fried Chicken
- Rice & Peas
- Cabbage
- Water/Juice
- Fruit

16

- Beef Stew
- Fufu
- Rice
- Salad
- Water/Juice
- Cookies

17

- Brunch
- Chicken
- Chicken Sausage/Bacon
- Biscuits & Eggs
- Fruits
- Juice

18

- Black Bean & Cheese Burrito
- Chips
- Water/Fruit Punch

20

- Honey Glazed Salmon
- Baked Potato
- Sicilian Vegetable Blend
- Water/Lemonade
- Cookies

21

- Elements Burger Day
- Onion Rings
- Salad
- Lemon Bars

22


- Mofongo w/chicken
- Rice w/Gandules
- Water/Sweet Tea
- Ice Cream

23

- Tortellini w/Grilled Chicken
- Salad
- Garlic Bread
- Water/Sweet Tea
- Brownies

24

- Create Your Own Pizza
- Water/Lemonade
- Birthday Celebration



25

27

- Grilled Chicken
- Black Bean Rice
- Chick Pea Salad
- Water/Sweet Tea
- Cookies

28

- BBQ Ribs
- Mac & Cheese
- Sweet Potato
- Cornbread
- Water/Sweet Tea
- Ice Cream

29

- Salad Day
- Grilled Chicken Salad
- Macaroni Salad
- Potato Salad
- Water/Sweet Tea
- Lemon Bars

30

- Beef Patties
- Chips
- Salad
- Water/Sweet Tea

DAILY

Morning Huddle

10:00 am

Breakfast

9:00 am - 10:30 am

Lunch

1:00 pm - 1:45 pm

Afternoon Huddle

2:00 pm

HOURS

Mon, Wed and Fri

9:00am to 5:00pm

Tue and Thur

9:00am to 7:00pm

1st & 3rd Saturday

10:00am to 2:00pm

CONTACT

clubhouse@nydis.org

(347) 343-4163 Admin/Reception

(332) 400-1957 Communications

“A meal is not just food. It’s about connection, conversation and community.”