

MAY 2026



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

4 10am-10:45am Huddle
12 pm Creative Writing
2:00PM Wellness Walk
2:30 pm Community Meeting

5 10am-10:45am Huddle
10:30 Coalition Meeting at Elements House
2 pm-2:45pm Huddle
4 pm Open Music Studio
5pm Movie Night

6 10am-10:45am Huddle
12PM Arts & Crafts
2 pm-2:45pm Huddle
4PM Tea Table Talk

7 10am-10:45am Huddle
12 pm Open Music Studio
2 pm-2:45pm Huddle
3pm - Open Language Class
4pm Comic / Anime /Writing

1 10am-10:45am Huddle
12 pm Meditation Session
2 pm-2:45pm Huddle
3:30PM Wellness Walk
4 pm Housekeeping

2 Juice & Paint
+ Picnic

11 10am-10:45am Huddle
12 pm Creative Writing
2:00PM Wellness Walk
2:30 pm Community Meeting

12 10am-10:45am Huddle
12 pm Financial Planning
2 pm-2:45pm Huddle
4pm DJ Class

13 10am-10:45am Huddle
12PM Arts & Crafts
2 pm-2:45pm Huddle
3pm-4pm Menu Planning
4PM Tea Table Talk

14 10am-10:45am Huddle
12 pm Open Music Studio
2 pm-2:45pm Huddle
3pm - Open Language Class
4-6:30pm Tik-Tok /Zumba

15 10am-10:45am Huddle
12 pm Meditation Session
2 pm-2:45pm Huddle
3:30PM Wellness Walk
4 pm Housekeeping

16 Open Studio
+ Karaoke

18 10am-10:45am Huddle
12 pm Creative Writing
2:00PM Wellness Walk
2:30 pm Community Meeting

19 10am-10:45am Huddle
10:30 Coalition Meeting
12 pm Financial Planning
2 pm-2:45pm Huddle
3pm Calendar Planning
4pm Book Club

20 10am-10:45am Huddle
12PM Photography Class
2 pm-2:45pm Huddle
3pm Garden Visit

21 10am-10:45am Huddle
12 pm Open Music Studio
2 pm-2:45pm Huddle
3 pm - Open Language Class
5 pm Floral Design

22 10am-10:45am Huddle
12 pm Meditation Session
2 pm-2:45pm Huddle
3:30PM Wellness Walk
4 pm Housekeeping

23 Closed

25 Memorial Day
Open from 10AM-2PM

26 10am-10:45am Huddle
12 pm Open Music Studio
2 pm-2:45pm Huddle
5pm Game Night

27 10am-10:45am Huddle
12PM Arts & Crafts
2 pm-2:45pm Huddle
4PM Tea Table Talk

28 10am-10:45am Huddle
Open House
1 pm-5pm Tzu Chi Wellness Festival

29 10am-10:45am Huddle
12 pm-4 pm Picnic + Birthday Celebration

30 Closed

DAILY

Morning Huddle
10:00am - 10:45am
Breakfast
9:00am - 10:30am
Lunch
1:00pm - 1:45pm
Afternoon Huddle
2:00 pm - 2:45pm

HOURS

Mon, Wed and Fri
9:00am to 5:00pm
Tue and Thursday
9:00am to 7:00pm
1st & 3rd Saturday
10:00am to 2:00pm

CONTACT

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