

# MAY LUNCH MENU

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## SATURDAY

- 4**
- Spaghetti w/ Meat Sauce
  - Garlic Bread
  - Salad
  - Water/Sweet Tea
  - Cookies

- 5**
- Grilled Cheese
  - Broccoli Cheddar Soup
  - Tomato Soup
  - Water/Sweet Tea
  - Brownies

- 6**
- Salmon Cakes
  - Fries
  - Sauteed Spinach
  - Water/Lemonade
  - Fruit Parfaits

- 7**
- Hamburger Helper Casserole
  - Garlic Bread
  - Salad
  - Water/Lemonade
  - Ice Cream

- 1**
- Salisbury Steak
  - Rice
  - Broccoli/Cauliflower
  - Water/Sweet Tea
  - Cookies

- 2**
- Create Your Own Sandwich
  - Chips
  - Water/Fruit Punch

- 11**
- Beef & Broccoli
  - Fried Rice
  - Water/Sweet Tea
  - Cookies

- 12**
- Fettuccine w/ Chicken & Vodka Sauce
  - Salad
  - Garlic Bread
  - Water/Lemonade
  - Ice Cream

- 13**
- Chicken/Beef wraps
  - Yellow Rice
  - Black Beans
  - Salad
  - Water/Lemonade
  - Ice Cream

- 14**
- Jerk Chicken
  - Cabbage
  - Mac & Cheese
  - Water/Sweet Tea
  - Brownies

- 8** **Taco Day**
- Water/Lemonade
  - Fruit

**9** Closed

- 15** **Burger Day**
- Onion Rings
  - Coleslaw
  - Water/Sweet Tea
  - Fruit
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- 16**
- Create Your Own Sandwich
  - Chips
  - Water/Fruit Punch

- 18**
- Tilapia w/ Lemon Butter
  - French Fries
  - Mixed Vegetables
  - Water/Sweet Tea
  - Cookies

- 19**
- Lasagna
  - Garlic Bread
  - Salad
  - Water/Sweet Tea
  - Ice Cream

- 20**
- Baked Salmon
  - Loaded Potato w/ Broccoli
  - Water/Sweet Tea
  - Cookies

- 21**
- Pork Tenderloin
  - Scalloped Potatoes
  - Spinach
  - Water/Lemonade
  - Brownies

- 22** **Brunch Day**
- Chicken & Waffles
  - Sausage
  - Bacon
  - Eggs
  - Fruits
  - Water/Juice

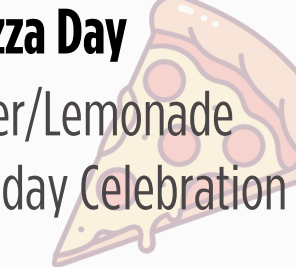
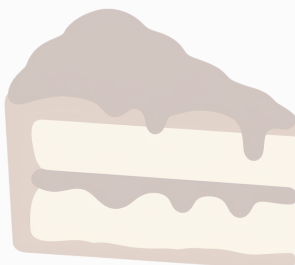
**23** Closed

- 25** **Memorial Day**
- Hot Dogs
  - Hamburgers
  - Baked Beans
  - Water/Lemonade
  - Fruit
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- 26** **Chicken Wings Day**
- Sweet Potato Fries
  - Coleslaw
  - Water/Sweet Tea
  - Brownies

- 27** **Salad Day**
- Grilled Chicken Salad
  - Macaroni Salad
  - Potato Salad
  - Water/Sweet Tea
  - Ice Cream
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- 28**
- Meatloaf
  - Red Beans & Rice
  - Vegetable Blend
  - Water/Lemonade
  - Cookies

- 29** **Pizza Day**
- Water/Lemonade
  - Birthday Celebration
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**30** Closed

### DAILY

#### Morning Huddle

10:00 am

#### Breakfast

9:00 am - 10:30 am

#### Lunch

1:00 pm - 1:45 pm

#### Afternoon Huddle

2:00 pm

### HOURS

#### Mon, Wed and Fri

9:00am to 5:00pm

#### Tue and Thur

9:00am to 7:00pm

#### 1<sup>st</sup> & 3<sup>rd</sup> Saturday

10:00am to 2:00pm

### CONTACT

clubhouse@nydis.org

(347) 343-4163 Admin/Reception

(332) 400-1957 Communications

“A meal is not just food. It’s about connection, conversation and community.”