

SEPTEMBER 2026



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1
10am-10:45am Huddle
10:30am Coalition Mtg
12pm Open Music Studio
2pm-2:45pm Huddle
5pm Movie Night

2
10am-10:45am Huddle
12pm Arts & Crafts
2pm-2:45pm Huddle
4pm Tea Table Talk

3
10am-10:45am Huddle
12pm Open Music Studio
2pm-2:45pm Huddle
3pm Henry Street Cleanup
5pm Creative Writing

4
10am-10:45am Huddle
12pm Body Care Workshop
2pm-2:45pm Huddle
3pm Housekeeping
4pm Closing Early

5

Karaoke
10am-2pm

7
★★★★★
LABOR DAY
★★★★★
Open from 10am-2pm

8
10am-10:45am Huddle
12pm Yoga 101
2pm-2:45pm Huddle
5pm Cricut Workshop

9
10am-10:45am Huddle
12pm Henna
1-3pm Park Visit
2pm-2:45pm Huddle
4pm Candy & Convos

10

10am-10:45am Huddle
12pm Open Music Studio
2pm-2:45pm Huddle
3pm Henry Street Cleanup
5pm Photography Workshop

11
10am-10:45am Huddle
12pm Poetry Workshop
2pm Housekeeping
3pm Closing Early

12
Closed

14
10am-10:45am Huddle
12pm Creative Writing
2:00pm Wellness Walk
2:30pm Community Mtg

15
10am-10:45am Huddle
10:30am Coalition Mtg
12pm Improv Class
2pm-2:45pm Huddle
3pm Menu Planning
5pm Game Night

16
10am-10:45am Huddle
12pm Candles & Soaps
2pm-2:45pm Huddle
4pm Tea Table Talk

17
10am-10:45am Huddle
12pm Dance/Zumba Class
2pm-2:45pm Huddle
3pm Henry Street Cleanup
5pm Improv Games

18
10am-10:45am Huddle
12pm Sewing/Crocheting
2pm-2:45pm Huddle
3pm Field Day
4pm Housekeeping

19
Anime Day
10am-2pm

21
10am-10:45am Huddle
12pm Creative Writing
2:00pm Wellness Walk
2:30pm Community Mtg

22
10am-10:45am Huddle
12pm Origami Studio
2pm-2:45pm Huddle
3pm Calendar Planning
5pm Comics/Manga Night

23
10am-10:45am Huddle
12pm Bracelets & Jewelry
2pm-2:45pm Huddle
4pm Candy & Convos

24
10am-10:45am Huddle
12pm Board/Card Game Day
2pm-2:45pm Huddle
3pm Henry Street Cleanup
5pm Karaoke

25
10am-10:45am Huddle
12pm Open House Prep
3pm-5pm In Our Element:
Wellness & Recovery

26
Closed

28
10am-10:45am Huddle
12pm Creative Writing
2:00pm Wellness Walk
2:30pm Community Mtg

29
10am-10:45am Huddle
10:30am Coalition Mtg
12pm-4pm Community
Outing + Birthday
Celebration
5pm Floral Design

30
10am-10:45am Huddle
12pm Papier-mâché
2pm-2:45pm Huddle
4pm Tea Table Talk

DAILY

Morning Huddle
10:00am - 10:45am
Breakfast
9:00am - 10:30am
Lunch
1:00pm - 1:45pm
Afternoon Huddle
2:00 pm - 2:45pm

HOURS

Mon, Wed and Fri
9:00am to 5:00pm
Tue and Thursday
9:00am to 7:00pm
1st & 3rd Saturday
10:00am to 2:00pm

CONTACT

clubhouse@nydis.org
(347) 343-4163 Admin/Reception
(332) 400-1957 Communications

Elements House-LES
48 Henry Street,
New York, NY 10002